

# Brush, Book, Bed



## PRETEST QUESTIONS

**1. How regularly are you brushing and checking your child's teeth?**

Never      Sometimes      Most of the time      Always

**2. How often do you read 1 or more books at bedtime with your child (children)?**

Never      Sometimes      Most of the time      Always

**3. Have you been able to establish a regular bedtime that is going smoothly most nights?**

Never      Sometimes      Most of the Time      Always

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American Academy  
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